

OCTOBER 2014

BREAKFAST / LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Oatmeal, Cereal, Toast, Milk & Juice Turkey Sausage Pizza, Romaine Salad w/Lt. Dressing, Carrots, Fruit & Milk	2 Cereal, Toast, Fruit, Milk & Juice Turkey Ham & Cheese Sandwich, Potato Rounds, Seasoned Grn. Beans, Fruit & Milk	3 French Toast, Cereal, Milk & Juice Ravioli w/Bread & Butter, Sweet Potatoes, Fresh Veggies, Fruit & Milk
6 Yogurt, Cereal, Toast, Fruit, Milk & Juice Nachos & Cheese, Salsa, Black Beans, Fruit & Milk	7 Cereal, Toast, Fruit, Milk & Juice Turkey Sausage Pizza, Romaine Salad w/Lt. Dressing, Corn, Fruit & Milk	8 French Toast, Cereal, Milk & Juice Tenderloin w/bun, Mashed Potatoes, Peas, Fruit & Milk	9 Cereal, Toast, Fruit, Milk & Juice Chicken Patty w/bun Diced Carrots, Fruit, Cookie & Milk	10 Breakfast Pizza, Cereal, Milk & Juice Cheese Pizza, Romaine Salad w/Lt. Dressing, Corn, Fruit & Milk
13 NO SCHOOL COLUMBUS DAY HOLIDAY	14 Cereal, Toast, Fruit, Milk & Juice Tenderloin w/bun, Oven Fries, Black Beans, Fruit & Milk	15 Chicken Biscuit, Cereal, Milk & Juice Ribette w/bun, Romaine Salad w/Lt. Dressing, Cottage Cheese, Fruit & Milk	16 Cereal, Toast, Fruit, Milk & Juice Corn Dog, Baked Beans, Pretzels, Fruit & Milk	17 Egg & Cheese Biscuit, Cereal, Milk & Juice Turkey Sausage Pizza, Corn, Fresh Vegetable, Fruit & Milk
20 Oatmeal, Toast, Cereal, Milk & Juice Chili Dog w/bun, Corn Chips, Broccoli, Fruit & Milk	21 Cereal, Toast, Fruit, Milk & Juice Ham & Cheese Sub, Carrots, Potato Wedges, Fruit & Milk	22 Pancakes, Cereal, Milk & Juice Augratin Potatoes w/ Diced Ham, Peas, Celery Sticks, Fruit & Milk	23 Cereal, Toast, Fruit, Milk & Juice turkey Taco w/soft shell, Lettuce, Cheese Corn, Fruit & Milk	24 Cinnamon Rolls, Cereal, Milk & Juice Chili w/crackers, Cheese Stick, Carrots & Dip, Fruit & Milk
27 Donut, Cereal, Milk & Juice Popcorn Chicken, Green Beans, Oven Fries, Fruit & Milk	28 Cereal, Toast, Fruit, Milk & Juice Spaghetti w/meat sauce, Romaine Lettuce Salad w/Lt. Dressing, Breadstick, Fruit & Milk	29 Yogurt, Cereal, Toast, Milk & Juice Sun Butter & Jelly Sandwich, Celery Sticks, Corn, Fruit & Milk	30 Cereal, Toast, Fruit, Milk & Juice Hot Dog w/bun, Baked Beans, Chips, Fruit & Milk	31 Biscuit & Gravy, Cereal, Milk & Juice Chicken Patty, Mashed Potatoes w/ Gravy, Peas, Fruit, Birthday cupcake & Milk